

Independence 4-H

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President's Message

Mia Wesselkamper

Happy New Year everyone and welcome back! I hope everyone had a great holiday season. The holiday party was a huge hit so thank you to everyone who helped make it happen. We have some exciting stuff planned for the new year. I will be leading a club book drive for the African Library Project. We will be responsible for collecting 1,000 gently used books (preschool - eighth grade) to start a children's community library in Uganda. This organization changes lives and it is incredible experience to make an impact on a global level. Over the next few months we will be learning about this project, collecting books, and packing and shipping them to Africa. I will be explaining this at our January general meeting so please hold on to any extra books you might have. We will also be continuing to make blankets to donate to Project Linus. Our club has made a great connection with this organization and we are thrilled to announce that we have already turned in over 50 blankets this year alone. A huge thank you to all the families that took home fleece and completed blankets on their own. I will be bring more fleece to the January meeting if anyone would like to take more home to finish. Anyone who took home fleece is welcome to bring the blankets back whenever it is convenient. As we are reaching our halfway point in the year, this is a good time to reflect on your this 4-H year so far and evaluate what you would still like to accomplish. Now is also a good time to start thinking about record books and showing at the fair. I'm looking forward to seeing everyone at the January General Meeting!

Thanks So Much!

Our December Holiday Party was such a fun and, pardon the pun, magical event! Pulling off a party for 100 is no easy feat and we'd like to thank everyone who helped: thanks to Lindsay for her coordination effort and all the time put into the decorations. Thanks to Chelle and Felicia for their early morning setup. Thanks to Hilary, Jennie and the wreath-making project for making the two stunning wreaths for our gift card community service donations. Huge thanks to all the families that donated gift cards- we collected \$1120 in gift cards for Say and The Living Room! And thanks to Lenore for organizing the play (Frosty's costume was amazing).

Our Exec Board did a remarkable job planning and running the party; thank you to Clay for running the community service table, Beth and Rowan, for dinner drinks, Jill for organizing dinner and the magician, Mia and Leo for the craft table, Satleen and Harman for the clothespin games and Millie and Quinn for the cocoa and dessert bar. After a fun filled night it's hard to stay and clean up, so a special shout out all the families who stayed and helped put away chairs and tables in the main rooms (and Amy, Rosie, Chelle and Jill with KP duty!) Thank you again to everyone for making our annual Holiday Party such a memorable event!



Community Club Leader's Letter

I hope you and your family enjoyed the holidays and vacation time together! As we ring in the new year, it's a great time to look at some of the upcoming 4-H events that our members can all participate in this winter and spring: Presentation Day and Livestock Judging in February and Fashion Revue in April. Flyers about Livestock Judging and Fashion Revue are included at the end of the newsletter, and I'd like to focus on Presentation Day with you now. As you all know, I'm not a great public speaker! But thanks to my father encouraging me to participate in speech contests and classes from a young age, I'm not (usually) paralyzed by the idea of getting in front of a group of people. To me, that is the key benefit of Presentation Day- introducing kids to public speaking and communicating in groups so that they are comfortable with the concept. Understanding that communication is key to becoming a leader is heavily promoted in 4-H, but I feel it's also just as important how the ability to communicate is a key to becoming yourself. To be able to express and articulate ideas, thoughts and opinions is how we share with the world who we are. Having that ability, that confidence, to stand up in front of others and share with them what is important to you is a skill that you can use in many situations throughout your life.

It is a skill that gets a lot harder to hone if don't start when you are younger. I still remember my communications class in college, a mandatory public speaking class to graduate. Some students were not only nervous about it, they were terrified. Several dropped out, one girl left the room in tears mid-speech and never returned, and many stumbled through their speeches visibly shaken and upset the entire time. If we can introduce our kids to speaking in public at an early age, and in a supportive environment where they will be praised for their efforts and given constructive feedback, we can set them up for success.

Presentation Day starts at the county level on February 1st at the YAL Center in Rohnert Park. 4-H'ers who receive a gold for their presentation can then advance to the sectional Presentation Day (in the Bay Area). And 4-H'ers who earn a gold at sectional advance to the State Presentation Day (in spring during the 4-H Field Day at UC Davis). Presentation categories are open to all age groups and kids may choose from a variety of presentation styles, which include: demonstration, illustrated talk, science or engineering presentation, informative prepared speech, persuasive prepared speech, impromptu speech, interpretive reading, educational display, share-the-fun and cultural arts.

Participating in Presentation Day also ensures that 4-H'ers can start earning 4-H prepared speech credits if they are working toward stars in their record book keeping. While it may seem daunting to start; begin by visiting this link: http://cesonoma.ucanr.edu/4H/Events/Presentation_Day/. All of the information you need is on the page, plus links to the Presentation Day Manual, which explains the categories in depth, shares judging rubrics and offers tips and guidance to the 4-H'ers as they write and rehearse their speeches.

Applications for County Presentation Day must be submitted by mail to KC Canzoneri and postmarked by **January 15, 2020**. Scanned email entries will be accepted **until 11:59pm January 15th, 2020**. Send emails to kccanzoneri21@gmail.com. You can also use that email to ask KC any questions you might have. If your 4-H'er decides to do Presentation Day this year, please let me know. We have some club members who have participated before that can help with questions or even practice speeches together. Feel free to ask me any questions as well!

Looking forward to seeing everyone at our January meeting,

Mindy

Save the Date!

February 1st, 2020: County Presentation Day.

February 8th, 2020: Youth Agriculture and Animal Science Field Day with Keynote Speaker Temple Grandin.

April 4th, 2020: County Fashion Revue.

4-H Pledge

I pledge *my head* to clearer thinking,
my heart to greater loyalty,
my hands to larger service, and
my health to better living,
for my club, my community, my country,
and my world.



December Holiday Party Recap

Mille Wright

The 2019 Independence 4-H Holiday Party (held on December 4th from 6:00 - 8:30pm) was a huge success. The club had so many fun activities for members to participate in. We asked everyone to bring a gift card to donate to the SAY organization and The Living Room. SAY (Social Advocates for Youth) is an organization that provides shelter, counseling, and career help for young people in Sonoma County. The Living Room is an organization that helps at-risk women and children. Our very own wreath-making project made wreaths that we decorated with gift cards to donate to SAY and The Living Room.

After our community service, we made ornaments to donate and keep. Kids also wrote thank-you notes to firefighters. We had Pasta King for dinner as well as hot chocolate and cookies for dessert. Lenore Ryan leads the drama project, which preformed their rendition of *Frosty the Snowman* (which everyone enjoyed). Ken Garr was kind enough to come and do a wonderful magic performance. And the end of the evening we even got a visit from Kris Kringle himself! The party was a huge success and many thanks to everyone who contributed.

REFB Food Drive

It was really fun collecting the food for our food drive this year. We sorted and cleaned all the cans to make sure nothing had expired and they could accept everything we brought in. The Redwood Empire Food Bank is a busy place! When we went to drop off the club's donations there was a lot of activity. Unfortunately, the woman that was going to meet us was sick, but there were plenty of nice people there. We drove around to the unloading zone and saw many big trucks from different supermarkets leaving donations. When it was our turn, we put all the food donations on a cart. The cart was wheeled onto a big scale so we could see how but food the club donated. The club donated almost 200 pounds and raised \$1,195.00 in check donations. It was really exciting to see what our club did together and we hope to beat this amount next year!

Thank you to everyone who brought in food or money to donate!

The Harriman Boys





Calendar of Events

January 7th: County Club Council Meeting at 7pm in the YAL Center, Rohnert Park

January 8th: Club Meeting at 6:30pm at the Sebastopol Center for The Arts

January 10th: Fashion Revue Workshop from 6pm - 8pm at the YAL in Rohnert Park

January 15th: Youth for the Quality Care of Animals (YQCA) Training from 6pm - 8pm at the Cloverdale Fairgrounds

January 15th: Presentation Day applications due

February 1st: Presentation Day at the YAL Center in Rohnert Park

February 9th: Livestock Judging at the Sonoma County Fairgrounds

Did you know that many of our project meetings are listed at our website? You can visit the Club Calendar here: <https://www.independence4h.com/club-calendar>.

Q=17

E=5

A	B	C	D	E	F	G	H	I	J	K	L
1	2	3	4	5	6	7	8	9	10	11	12

M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
13	14	15	16	17	18	19	20	21	22	23	24	25	26

Activity Corner 4-H Cryptogram

The key above the cryptogram lists all of the letters A-Z; each of the letters has a corresponding number.

Each of the blank boxes has a number underneath it; fill in the letters that correspond to the numbers to solve the phrases. The Answer Key is located on the next page.

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	4	-	<input type="text"/>
9	12	15	22	5			8

I	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	S	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	4	-	<input type="text"/>
9	7	15	20	13	25	19	20	1	18	20	9	14	8

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	V	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	
6	21	14	1	3	20	9	22	9	20	9	5	19

4	-	<input type="text"/>	<input type="text"/>	E	<input type="text"/>	<input type="text"/>	E	
		8	16	12	5	4	7	5

L=12

O=15

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
6	18	9	5	14	4	19

D=4

W=23

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>				
8	5	1	4	8	5	1	18	20	8	1	14	4	19	8	5	1	12	20	8



3-D Print Project

Millie Wright

For the November General Meeting Program, we had Steve Danek come to our club and talk to us about 3-D printing and the Golden Clover Project. He brought his 3-D printer and explained how 4-H can get involved in STEM. The Golden Clover Project is a 3-D printing project put-on by Golden Hills 4-H. 4-H clubs all across the nation are participating in making a giant 3-D printed sculpture. Each 4-H club will print out an individual plastic piece. Soon, Golden Hills 4-H will have a 4-6 foot tall clover!

I am proud to say that Independence 4-H is officially participating in the Golden Clover Project. I located a 3-D printer and printed out the first piece of the 3-D puzzle. It took about 5 hours to print and turned out really well. The piece I printed was a mini-version of the final print, which we are all really excited about. A big thanks to Golden Hills 4-H and Steve Danek for having Independence 4-H participate in this great project.



The final product!

Editor's Note

Happy New Year! I hope everyone had a wonderful holiday season. Twenty-twenty marks the beginning of a new decade, hopefully one that will be filled with many fun times. The holiday party in December was a great success, and it sounds like everyone had a great time. If you have any photos or experiences you would like to share with the club, email them to me at buttercup.farm@yahoo.com and I will include them in the newsletter.

Sophia Ginsberg

I LOVE 4-H
9 12 15 22 5 8

Cryptogram Answer Key

I GOT MY START IN 4-H
9 7 15 20 13 25 19 20 1 18 20 9 14 8

FUN ACTIVITIES
6 21 14 1 3 20 9 22 9 20 9 5 19

4-H PLEDGE
8 16 12 5 4 7 5

FRIENDS
6 18 9 5 14 4 19

HEAD HEART HANDS HEALTH
8 5 1 4 8 5 1 18 20 8 1 14 4 19 8 5 1 12 20 8

A quick history of cryptograms:

Cryptograms were not originally created for entertainment purposes, but really for disguising military or personal secrets.

The first use of the cryptogram for entertainment happened during the Middle Ages by monks who had spare time for intellectual games. A manuscript found at Bamberg, Germany states that Irish visitors to the court of the King of Wales were given a cryptogram, which could only be solved by changing the letters from Latin into Greek.



Independence 4-H 2019-20 Exec Board/Officers

Mia Wesselkamper	President
Millie Wright	VP Programs
Satleen Gill	VP Membership
Rowan Craven-Pittman	Recording Secretary
Leo McDonell	Corresponding Secretary
Clay McDonell	Treasurer
Quinn Craven-Pittman	Healthy Living Officer

Junior/Teen Leaders

Lauren Asire (Cavies)
 Rowan Craven-Pittman (Archery, Outdoor Adventure)
 Iyla Kjaer (Wreath Making)
 Karissa Konezny (Soapmaking)
 Kathleen Larrain (Cooking)
 Mia Wesselkamper (Rabbits)
 Millie Wright (Cooking, Record Books)

Junior and Teen Leaders are always needed! If you would like to become one, please email Mindy at mwright@sonic.net.

Editor

Sophia Ginsberg

Webmaster

Tyler Buchanan

Historians

Karissa Konezny
 Sierra Hobbins
 Abbey Casey
 Kailey Hobbins

Song & Rec Leaders

Lauren Asire
 Harman Gill

Prize Bin

Emily DeRutte

Reporters

- 1) Rowan Craven-Pittman
- 2) Satleen Gill
- 3) Leo McDonell
- 4) Quinn Craven-Pittman
- 5) Abbey Casey
- 6) Open
- 7) Open
- 8) Open

Store Manager

Siena Smith

Sergeant-At-Arms

Sept: Lauren Brady
 Sept: Kyle Brady
 Oct: Kasen Brady
 Oct: Abbey Casey
 Nov: Aiden Hobbins
 Nov: Sierra Hobbins
 Dec: Tyler Buchanan
 Dec: Alex Coconos
 Jan: Leo McDonell
 Jan: Claire Pedersen
 Feb: Emily DeRutte
 Feb: Wyatt DeRutte
 Mar: Isabella Graefen
 Mar: Hannah Van de Mark
 Apr: Open
 Apr: Open
 May: Open
 May: Open

Host/Hostess

Oct: Camille Maddocks
 Nov: Lauren Brady
 Jan: Tyler Buchanan
 Feb: Abbey Casey
 Mar: Open
 Apr: Open
 May: Open

Committee Chairs (4-H Members)

Fall Food Drive:
 Joseph and Caleb Harriman
 Pumpkin Patch:
 Siena Smith and Millie Wright
 December Holiday Party:
 Executive Board
 Spring Egg Hunt:
 Kathleen Larrain
 Apple Blossom Parade Float:
 Open
 ChickenQue Planning Committee:
 Open

Note: if you see a position labeled "Open" in light green that you would be interested in filling, please email Mindy and mwright@sonic.net to secure your spot!



4-H FASHION REVUE WORKSHOP
FRIDAY, JAN. 10, 2020
 Community Service & Potluck: 6pm-7pm
 Workshop: 7pm
Youth Ag Center, Rohnert Park

Join us for a fun **potluck social hour** which includes community service!

Have your Fashion Revue **questions** answered!



What is **new** this year?
 What **happens** at Fashion Revue?
 How do you **show** your Fashion Revue entry?
 What are the **judges** looking for?
 Great for first time and veteran **participants**!
 Fashion Revue **information** and skills will be discussed
 Information for **Parents** and Members



*Optional: bring your hand sewing supplies or machine for the **State Community Service Project***

For more information see the County & State websites or contact the Fashion Revue Committee:

Sonoma County Fashion Revue: http://cesonoma.ucanr.edu/4H/Events/Fashion_Revue/

California State Fashion Revue: http://4h.ucanr.edu/4-H_Events/SFD/SFR/



Heidi: hmlavell@gmail.com

Naomi: weloveusa@comcast.net



Personal Care Kits



California State Fashion Revue – 2020 Service Project

This service project consists of preparing personal hygiene kits to donate to local fire departments, homeless shelters, and other organizations for homeless or displaced people.

This is great for people in any type of shelter, including fire victims. Ask your local shelter which toiletries their clients need. Fold a small towel, sew little pockets in it, and then put a toothbrush, toothpaste, and other toiletries in the pockets. Add a happy note or picture, roll it up, and take it to your local shelter.

More information and the full instructions are available at http://4h.ucanr.edu/4-H_Events/SFD/SFR/
 and <https://ucanr.edu/sites/UC4-H/files/306910.pdf>





University of California
Agriculture and Natural Resources 4-H Youth Development Program

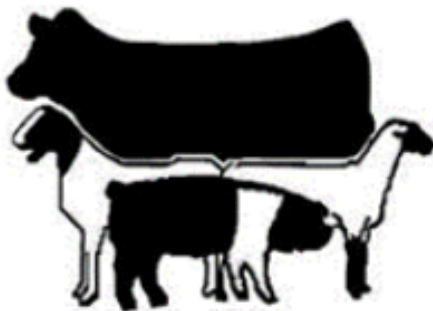
Sonoma County Youth Livestock Judging Contest

Saturday, February 9, 2019

**Sonoma County Fairgrounds
1350 Bennett Valley Rd., Santa Rosa, CA**

**8:30 a.m. Check-in
Contest begins at 9 a.m.**

- ◇ Offering classes of Beef, Sheep, Swine and Goats
- ◇ Reasons will be presented on each species
- ◇ A team will be comprised of four individuals; all scores will be included in the team score
- ◇ No entry fee
- ◇ FFA Novice & Advanced and 4-H Pee Wee, Junior & Senior Divisions
- ◇ Rain or shine
- ◇ OPEN TO ALL 4-H and FFA MEMBERS



**Registration Encouraged By
February 4, 2019**

Registration form can be found on the UCCE
Sonoma County 4-H Website:
cesonoma.ucanr.edu/4H/Events

Questions: Contact Susan at 707-486-1209
or maners@sbcglobal.net